



The Catholic Women's League of Canada  
London Diocesan Council



To: All London Diocesan Presidents and Spiritual Development Chairs  
CC: London Diocesan Council; OPC Spiritual Development Chair  
From: Mary Lappan, Second Vice President  
Date: March 2021

Directive # 18

*"How great, O Lord, are your deeds, how deep your designs." Psalm 92*

Greetings to all my CWL sisters,

Now that we are in the middle of Lent, it is important to remember that there are many opportunities to stay with our personal Lenten goals. The websites (Pray More Novenas) and the calendar I sent before Ash Wednesday should be helpful to your daily prayer life. There is still time to sign up for the Pray More Novenas retreat. Go to their website, < [www.PrayMoreNovenas.com](http://www.PrayMoreNovenas.com) > and follow the easy instructions. CWL National has a retreat on March 26<sup>th</sup> titled "Every Season Has a Reason" presented by Dr. Anne Jamieson, Executive Director of the Institute of Catholic Education in Ontario. Registration is open to everyone on the National website.

Our own Diocesan retreat was very successful. About 120 members joined us for our first attempt at a virtual presentation. Many thanks to Theresa Ryan, President-Elect for her presentation on St. Joseph and to President Rebecca McCarrell for handling the logistics.

Pope Francis has declared 2021 as the year of St Joseph. It is only fitting that this protector of the Holy Family should have two feast days, March 19<sup>th</sup> and May 1<sup>st</sup>. Check out the Vatican website [www.vaticannews.va](http://www.vaticannews.va) for prayer ideas.

Easter is April 4<sup>th</sup> and the Easter Triduum starts Thursday, April 1<sup>st</sup>. Please try to participate as much as you can this year. It is exciting to be able to enjoy these celebrations in person, although some may still be watching virtually.

This will be my last directive. At our Annual Members' Meeting (AMM) a new executive will be elected. I have enjoyed my time on the Diocesan executive and will miss the camaraderie with all the members.

*"Seek the Lord, you who are poor, and your hearts will revive." Psalm 69*

Blessings.

Mary Lappan



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